Strava Global Heatmap – Activity data

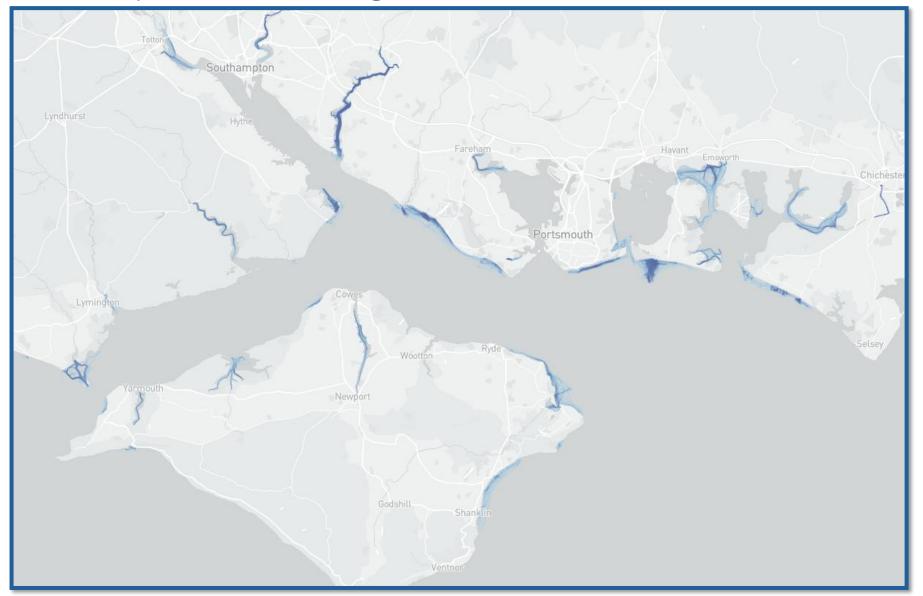
Key Details:

- Timescale: Last 12 months of public, aggregated activity data.
- Update Frequency: Monthly.
- Data Source: Only includes activities that users have set to public.
- Privacy: Excludes private activities and respects privacy zones.

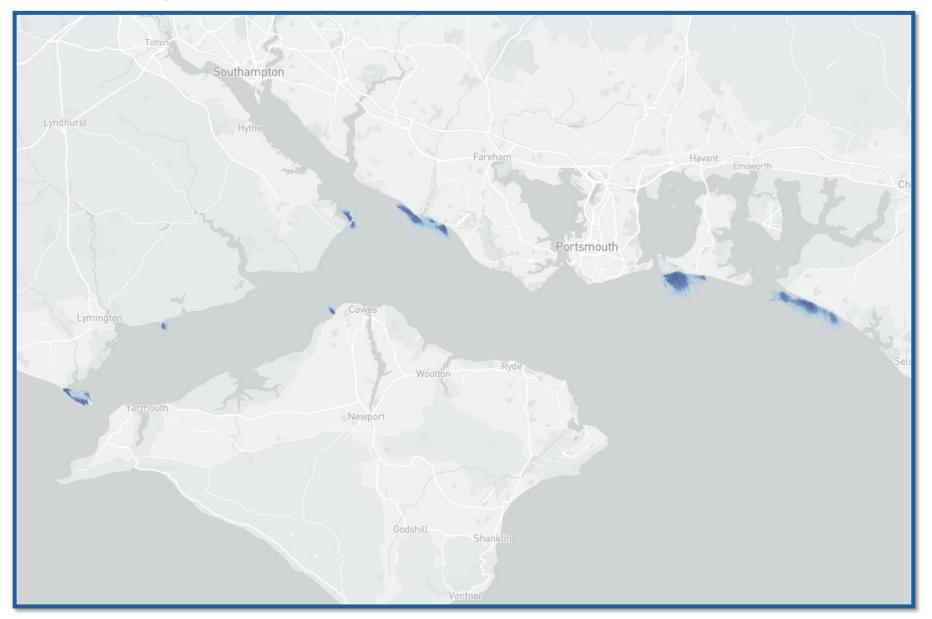
The heatmap reflects recent trends in where people are taking part in an activity, rather than long-term historical data. The darker the line the more activity that is taking place.



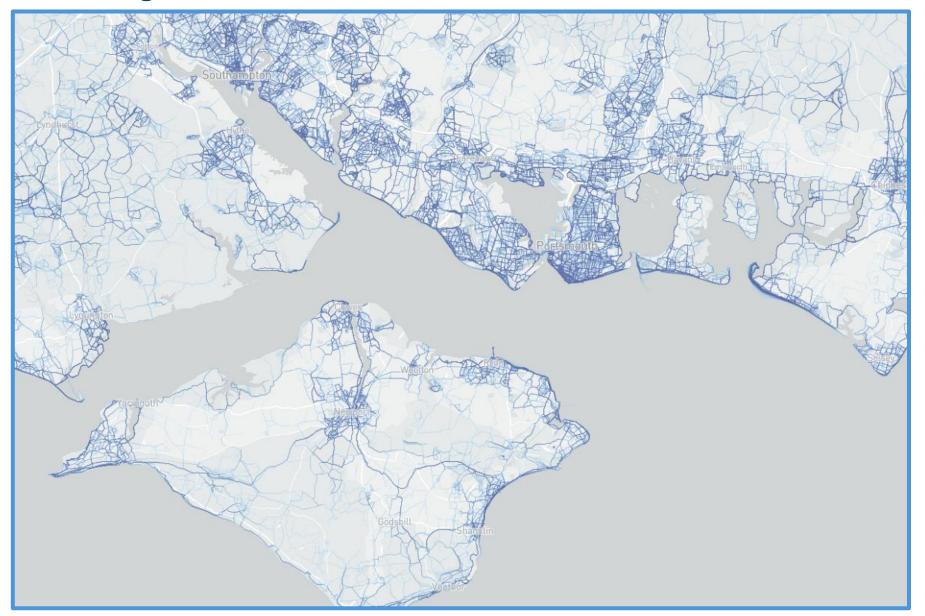
Stand up Paddle Boarding



Kitesurfing



Walking



Walking: Zoomed to Portsea Island



Walking: King Charles III Coast Path

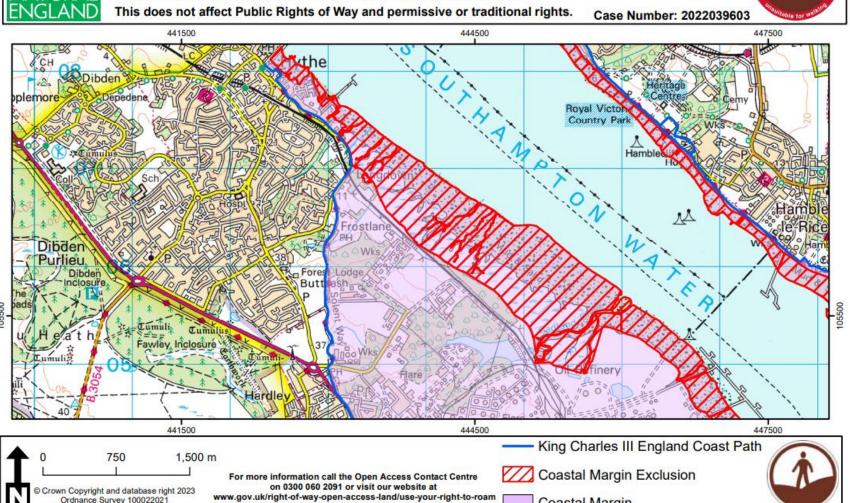


NO ACCESS TO COASTAL MARGIN

The coastal margin shown hatched in red on the map below is closed as it is mudflat and saltmarsh unsuitable for public access.

The King Charles III England Coast Path remains open for public use.

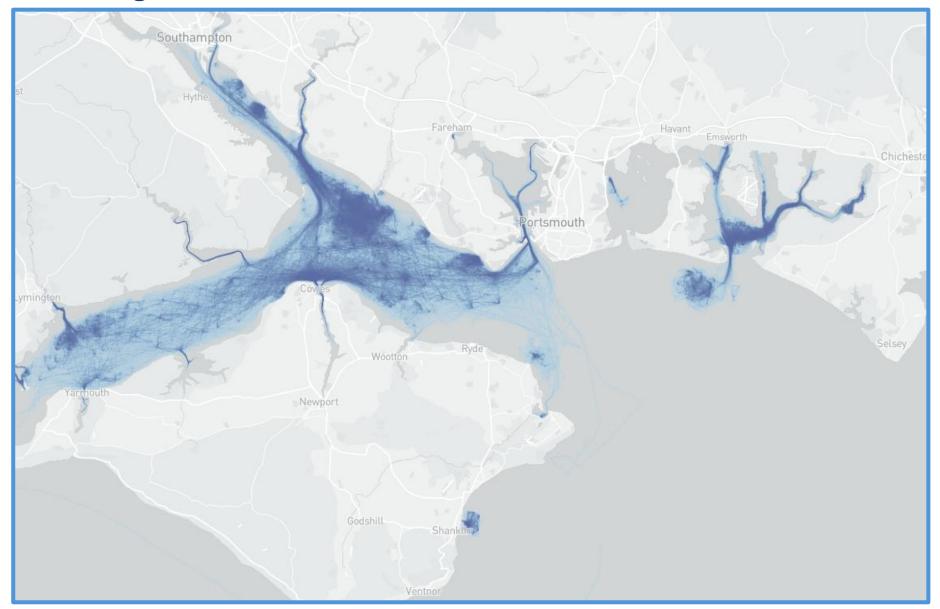




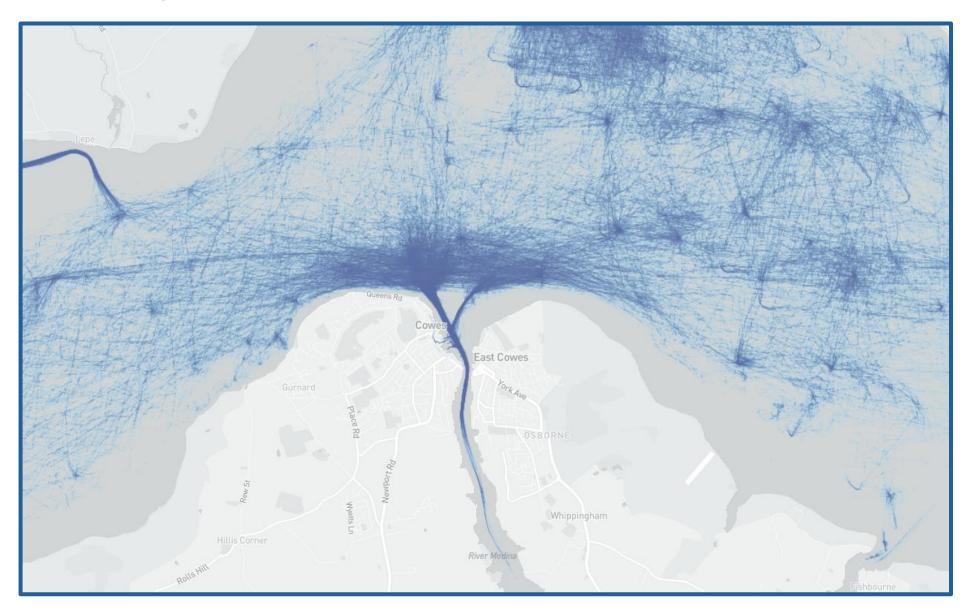
Coastal Margin



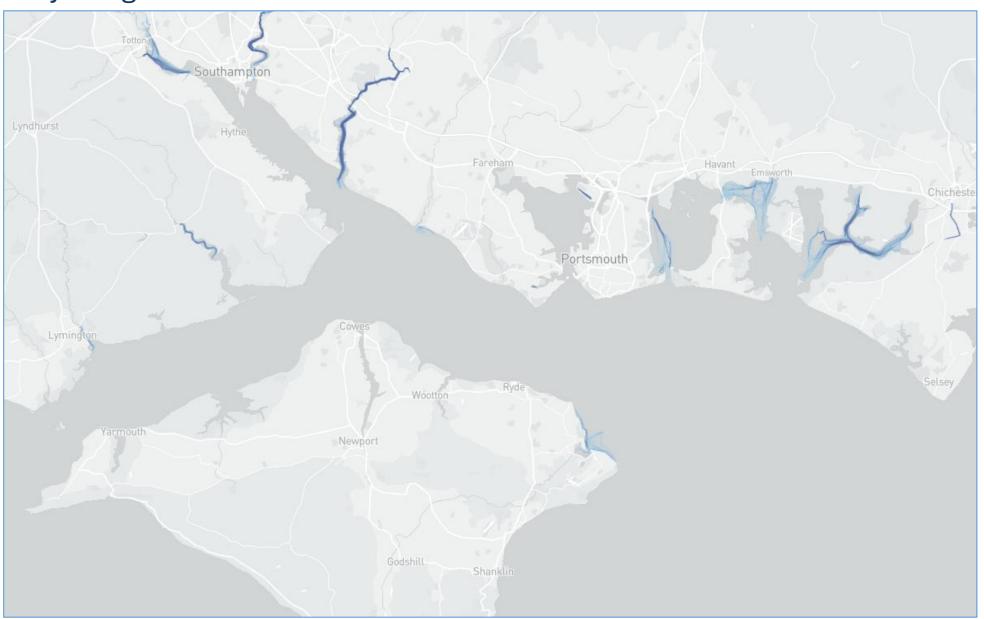
Sailing



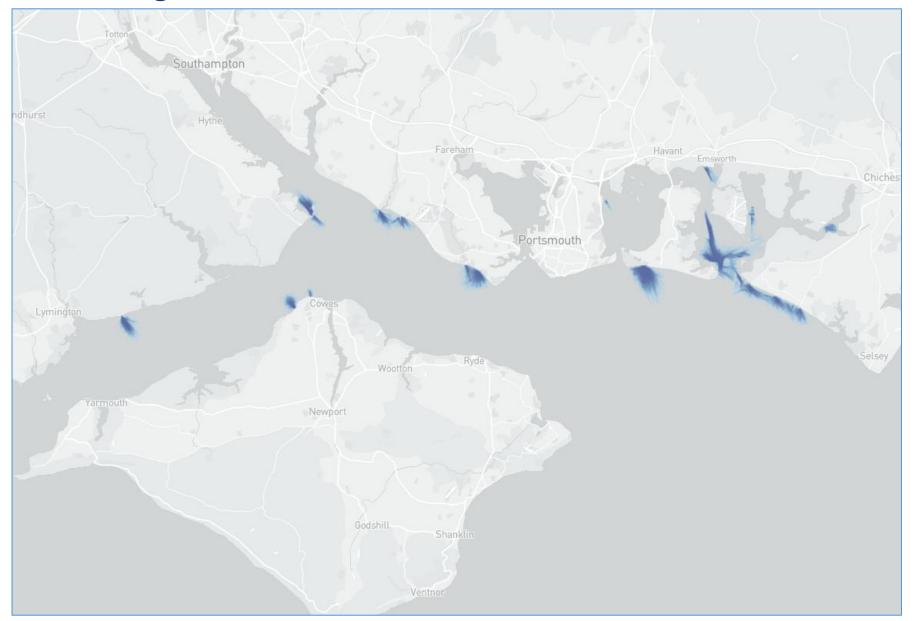
Sailing Activity Centred Around Cowes



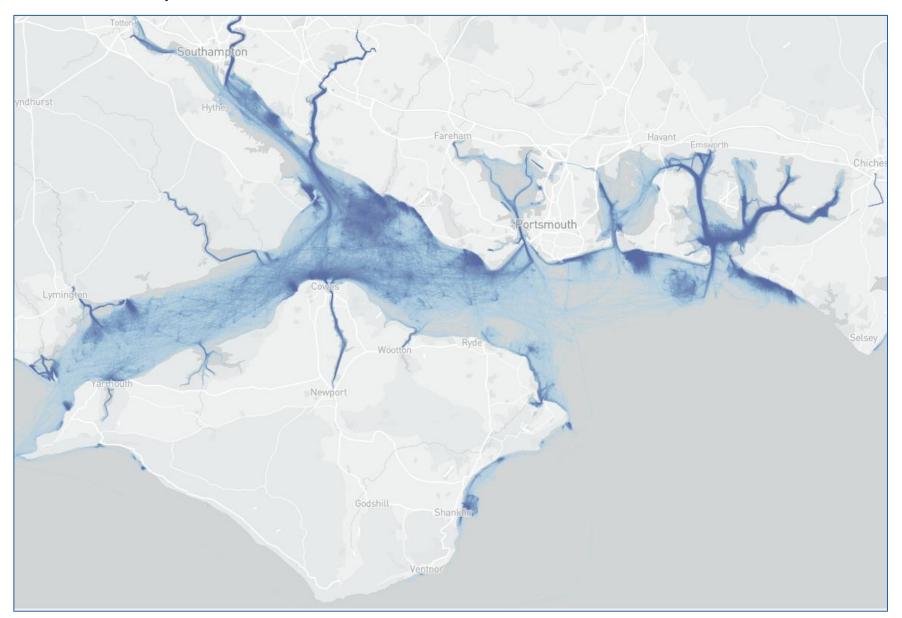
Kayaking



Windsurfing



All Watersports



Water Recreation Zones in the Solent: Aggregated Activity





Designated Sites in the Solent

